

## Squad Holiday Training - Easter 2017

Squad	Mon 3rd	Tues 4th	Wed 5th	Thurs 6th	Fri 7th	Sat 8th	Sun 9th
<b>Women's Artistic</b>							
Squad	Normal Training						
WA PJ's	Normal Training						
<b>Men's Artistic</b>							
MA Squad	3:00 - 8:00		3:00 - 8:00	3:00 - 8:00	2:00 - 7:00		
MA PJ	4:00 - 5:30			3:00 - 6:00			
<b>Aerobics</b>							
FIG	10:00 - 2:00	5:00 - 8:30	7:00 - 9:30	5:00 - 9:30			
NAC	1:30 - 4:00	5:00 - 7:00		5:00 - 7:30*			
Aerobics RAC	2:00 - 4:00						
<b>Development</b>			4:30 - 6:30				
<b>Club Squad</b>	5:30 - 7:00		6:30 - 8:30				

Please see squad emails/facebook for individual times

\* Woodford Park

## Squad Holiday Training - Easter 2017

Squad	Mon 10th	Tues 11th	Wed 12th	Thurs 13th	Fri 14th	Sat 15th	Sun 16th
<b>Women's Artistic</b>							
Squad	9:00 - 4:00	2:30 - 6:30	9:00- 4:00	9.00 - 4.00			
WA PJ's							
<b>Men's Artistic</b>							
MA Squad	3:00 - 8:00		3:00 - 8:00	3:00 - 8:00			
MA PJ	4:00 - 5:30			3:00 - 6:00			
<b>Aerobics</b>							
FIG	4:00 - 8:30	4:30 - 8:30	9:00 - 1:00	4:00 - 8:30			
NAC	1:30 - 4:00		12:30 - 2:30	2:00 - 4:00			
Aerobics RAC	1:30 - 3:30						
<b>Development</b>		1.00 - 3.00					
<b>Club Squad</b>		1:00 - 3:00	3:30 - 5:00				

Please see squad emails/facebook for individual times

## Squad Holiday Training - Easter 2017

Squad	Mon 17th	Tues 18th	Wed 19th	Thurs 20th	Fri 21st
<b>Women's Artistic</b>					
Squad	Normal Training				
WA PJ's	Normal Training				
<b>Men's Artistic</b>					
MA Squad	Normal Training				
MA PJ	Normal Training				
<b>Aerobics</b>					
FIG	Normal Training				
NAC	Normal Training				
Aerobics RAC	Normal Training				
<b>Development</b>	Normal Training				
<b>Club Squad</b>	Normal Training				

Please see squad emails/facebook for individual times