

Cleaning Policy – Covid-19

Bulmershe Gymnastics Club July 2020

This guidance is designed to help combat the spread of Coronavirus (COVID-19) within the Bulmershe Gymnastics Club. It should be used alongside the general cleaning already being carried out.

CLEANING

During times of high infection rates, cleaning and disinfecting of contact surfaces needs to increase in frequency to reduce transmission.

These preventative measures would also focus on contact surfaces including the following, but not exhaustive list:

- Desktops and all work surfaces
- Doorknobs and handles
- Light switches and control panels (alarm buttons, door combination locks)
- Toilets, sinks and surfaces
- Mats and gym equipment including floors and trampoline
- Computer monitors, keyboards, mice and laptops
- Telephone equipment
- All Chairs and arm rests
- Refreshment room, worktops, sinks, taps and appliances
- Handrails

All cleaning processes to be recorded. Including detailed records of gym equipment.

Gym equipment must be cleaned and disinfected after each rotation and recorded using the equipment code and cleaning record forms, included on each station.

PPE – Personal Protection

All staff are to use the provided PPE when cleaning possible contaminated areas of the gym. The following PPE will be provided in the gym first aid cupboard:

- Eye protection
- Disposable Face Mask
- Disposable Gloves
- Disposable Apron

Cleaning and disinfecting

Important points to note when using cleaning products:

- Read all the instructions carefully.
- Be aware of potential hazards.
- Avoid contact with eyes and skin when handling products.
- Comply with all the warning and precautions for use.
- Do not mix cleaning products
- Use in a well-ventilated area
- Wash your hands and forearms for a minimum of 20 seconds after removing PPE

ENHANCED CLEANING AND DISINFECTING

COVID-19

For Coronavirus we need to disinfect surfaces and objects that are potentially contaminated with the virus and are frequently touched and/or used.

All surfaces, that the symptomatic person has come into contact with, must be cleaned and disinfected, including:

- Objects which are visibly contaminated with bodily fluids
- All potentially contaminated hand contact points.

When preparing for enhanced cleaning and disinfecting, please remember:

- Identify the PPE you require and use this before entering the area.
- Do an assessment to determine the area that needs to be cleaned.
- Make sure you have all the cleaning equipment you need
- Mitigate any hazards in the area
- Ensure you have appropriate waste disposal. Contaminated waste needs to be double bagged and stored securely until a negative test or after 72hrs.

Areas where possible symptomatic individuals had passed through and stayed a minimal time such as corridors, where there are no visible bodily fluids, can be cleaned as normal.

REMEMBER: If an area has been high contaminated with visible bodily fluids, such as COVID-19, review the need for extra coverings such as face covering, eye protection and aprons as well as disposable gloves.

All cleaning needs to be recorded and incidences that involve possible high-risk contamination needs to be reported to the Head of Operations or the Membership Manager immediately.

Reviewed:

Date: 18th July 2020	Signed:
Reviewed:	Signed: